

THE VINE CENTRE WEEKLY TIMETABLE

MUST BE BOOKED
 1:1 & DROP IN SESSIONS
 DROP IN

MONDAY 9:00 - 16:00	TUESDAY 9:00 - 18:30	WEDNESDAY 9:00 - 16:00	THURSDAY 9:00 - 19:00	FRIDAY 9:00 - 14:00
MENTAL HEALTH, ANGER MANAGEMENT, ADDICTION & GENERAL SUPPORT, FAMILY SUPPORT				
COMMUNITY CUPBOARD 10:00 - 13:00		COMMUNITY CUPBOARD 10:00 - 13:00	COMMUNITY CUPBOARD 10:00 - 13:00	COMMUNITY CUPBOARD 10:00 - 13:00
MY SPACE 10:00 - 15:00 Help with gaining employment	CULTURE CAFE 10:00 - 16:00 (Under 55's only)	SWITCHED ON 10:00 - 13:00 SWITCHED ON 10:00 - 13:00 Energy + Budgeting Advice	SWITCHED ON 10:00 - 13:00 SWITCHED ON 10:00 - 13:00 Energy + Budgeting Advice	SWITCHED ON 10:00 - 13:00 SWITCHED ON 10:00 - 13:00 Energy + Budgeting Advice
MY HELPING HAND 9:30 - 12:30 Support to gain basic skills	BARISTA TRAINING 14:00 - 16:00	THERAPEUTIC ART 10:00 - 12:00	GASP (Gambling, Alcohol & Substance Misuse Project) 10:00 - 11:30	
HM COURTS & TRIBUNALS SERVICE 10:00 - 15:00 Support with digital appeals		NO WASTE COOKING Cooking with Confidence 10:30 - 12:30	SILVERS SOCIAL GROUP 13:30 - 15:30 Over 55's only	HM COURTS & TRIBUNALS SERVICE 9:00 - 14:00 Support with digital appeals
STEPPING OUT 10:00 - 16:00 Digital Support for 65+	STEPPING OUT 10:00 - 16:00 Digital Support for 65+		STEPPING OUT 10:00 - 16:00 Digital Support for 65+	STEPPING OUT 10:00 - 14:00 Digital Support for 65+

01252 400196 www.thevinecentre.org.uk info@thevinecentre.org.uk

The Vine Centre is a registered charity in England, our charity number is 1193666.
Registered office: The Vine Centre, 33 Station Road, Aldershot, Hampshire, GU11 1BA

